



Definitive Guide to a Closet Cleanse

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1. Add shelving & cabinetry (optional)

- Am I living in my “forever” home; a long-term or short-term one?
- What’s my budget? What can I truly afford at this moment in time?
- What’s my timeline? Am I truly willing to commit to a multi-day/week project?

2. Schedule at least one afternoon for the cleanse

Dedicate an afternoon to your busy schedule to assess your closet and go through every item in your wardrobe. It isn’t easy to rid your closet of items that no longer fit or have sentimental value, especially when you’ve shelled out major cashola for the purchase in the first place. But keep calm and carry on.

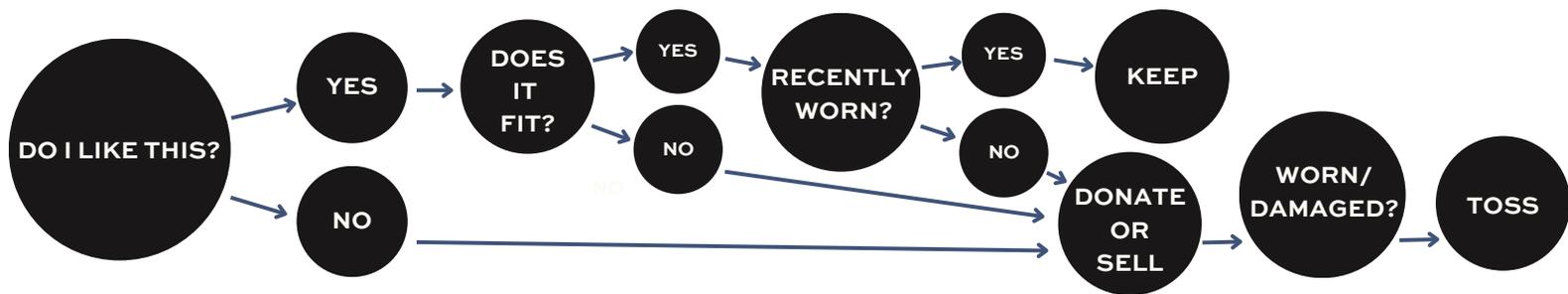
3. Separate clothes into “keep” and “toss” piles

1. Does this item actually fit?
2. Have I followed the one-year rule? If I haven’t worn it in a year, it’s time to let it go.
3. Is this item damaged? Can the item be repaired?

If the answer is “no” to (1) or (2) or “yes” to (3), then it’s time to part ways with those items by dividing them into three sub-piles: SELL | DONATE | TOSS

4. Organize your clothes by category

Organize by skirts, pants, sweaters, blouses, and jeans. Then arrange pieces by item and color so you can see exactly what you own. The same holds true for shoes, jewelry, and the like. Hang sleeveless dresses or shirts first, then short sleeves, and then long sleeves.



4 Easy Steps

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